



**MATER DOLOROSA SCHOOL
BREAKFAST MENU
OCTOBER 2017**



Monday	Tuesday	Wednesday	Thursday	Friday
10/2 Assorted Cereal Whole Grain Cracker Raisins 100% Juice	10/3 Whole Grain Cereal Bar String Cheese Fresh Fruit 100% Juice	10/4 Oatmeal Raisin Bar Whole Grain Cracker Fresh Fruit 100% Juice	10/5 Assorted Cereal Whole Grain Cracker Fresh Fruit 100% Juice	10/6 Blueberry Muffin String Cheese Fresh Fruit 100% Juice
10/9 NO SCHOOL	10/10 Assorted Cereal	10/11 Nutri grain bars String Cheese Fresh Fruit 100% Juice	10/12 Assorted Cereal Whole Grain Cracker Fresh Fruit 100% Juice	10/13 Yogurt Granola Fresh Fruit 100% Juice
10/16 Assorted Cereal Whole Grain Cracker Raisins 100% Juice	10/17 YOGURT String Cheese Fresh Fruit 100% Juice	10/18 Choc. Chip muffins Whole Grain Cracker Fresh Fruit 100% Juice	10/19 Assorted Cereal Whole Grain Cracker Fresh Fruit 100% Juice	10/20 NO SCHOOL
10/23 Assorted Cereal Whole Grain Cracker Craisins 100% Juice	10/24 Blueberry Muffins String Cheese Fresh Fruit 100% Juice	10/25 Assorted Cereal Whole Grain Cracker Fresh Fruit 100% Juice	10/26 Cinnamon Breakfast Bread String Cheese Fresh Fruit 100% Juice	10/27 Yogurt Granola Fresh Fruit 100% Juice
10/30 Assorted Cereal Whole Grain Cracker Raisins 100% Juice	10/31 Blueberry Muffins String Cheese Fresh Fruit 100% Juice	11/1 Oatmeal Chocolate Chip Bar String Cheese Fresh Fruit 100% Juice	11/2 Apple Cinn. Muffins Whole Grain Cracker Fresh Fruit 100% Juice	11/3 Assorted Cereal Whole Grain Cracker Fresh Fruit 100% Juice
1% OR FAT FREE MILK OFFERED DAILY https://springfieldps.sodexomyway.com				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	