



**MATER DOLOROSA
ELEMENTARY BIC
NOVEMBER 2018**



Monday	Tuesday	Wednesday	Thursday	Friday
11/5	11/6	11/7	11/8	11/9
Assorted Cereal	Cinnamon French Toast	Blueberry Muffin	Chocolate Chip French Toast	Cinnabar
Whole Grain Cracker	Whole Grain Cracker	String Cheese	String Cheese	Whole Grain Cracker
Raisins 100% Juice	Fresh Fruit 100% Juice	Peach Cups 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
11/12	11/13	11/14	11/15	11/16
NO SCHOOL	Cinnamon Ultimate Breakfast Round	Egg and Cheese Breakfast Sandwich	Confetti Pancakes	Strawberry Guava Flip
	String Cheese	Whole Grain Cracker	Whole Grain Cracker	String Cheese
	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
11/19	11/20	11/21	11/22	11/23
Chef's Choice	Chef's Choice	Chef's Choice	NO SCHOOL	NO SCHOOL
Whole Grain Cracker	String Cheese	Whole Grain Cracker		
Raisins 100% Juice	Strawberry Cups 100% Juice	Fresh Fruit 100% Juice		
11/26	11/27	11/28	11/29	11/30
Oatmeal Chocolate Chip Bar	Cheddar Cheese Omelet	Strawberry Pancakes	Apple Muffin	Cinnamon Bun
String Cheese	Whole Grain Cracker	Whole Grain Cracker	String Cheese	Whole Grain Cracker
Craisins 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	