



**MATER DOLOROSA
ELEMENTARY BIC
OCTOBER 2018**



Monday	Tuesday	Wednesday	Thursday	Friday
10/1	10/2	10/3	10/4	10/5
Assorted Cereal	Apple Strudel	Blueberry Muffin	Chocolate Chip French Toast	Cinnabar
Whole Grain Cracker	Whole Grain Cracker	String Cheese	String Cheese	Whole Grain Cracker
Raisins 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
10/8	10/9	10/10	10/11	10/12
NO SCHOOL	Cinnamon Ultimate Breakfast Round	Egg and Cheese Breakfast Sandwich	Confetti Pancakes	Strawberry Guava Flip
	String Cheese	Whole Grain Cracker	Whole Grain Cracker	String Cheese
	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
10/15	10/16	10/17	10/18	10/19
Assorted Cereal	Blueberry Waffle	Banana Muffin	Chocolate Croissant	NO SCHOOL
Whole Grain Cracker	String Cheese	Whole Grain Cracker	String Cheese	
Raisins 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	
10/22	10/23	10/24	10/25	10/26
Oatmeal Chocolate Chip Bar	Cheddar Cheese Omelet	Strawberry Pancakes	Apple Muffin	Cinnamon Bun
String Cheese	Whole Grain Cracker	Whole Grain Cracker	String Cheese	Whole Grain Cracker
Craisins 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
10/29	10/30	10/31	11/1	11/2
Bagel-ful	Breakfast Sliders	88 Acres Bar	Banana Pancakes	Yogurt
Whole Grain Cracker	Whole Grain Cracker	String Cheese	String Cheese	Granola
Raisins 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	