



**MATER DOLOROSA
LUNCH MENU
OCTOBER 2018**



Monday	Tuesday	Wednesday	Thursday	Friday
10/1	10/2	10/3	10/4	10/5
Chicken Patty on a Roll Ham & Cheese Sandwich Minnie Mouse Salad with Breadstick Baby Carrots, Celery Sticks	Meatball Sub Chicken Salad Torpedo Minnie Mouse Salad with Breadstick Baby Carrots, Celery Sticks	Fish and Cheese Sandwich Ham & Cheese Sandwich Minnie Mouse Salad with Breadstick Potato Wedges, Celery Sticks, Chocolate Chip Cookie	Macaroni and Cheese Chicken Salad Torpedo Minnie Mouse Salad with Breadstick Caesar Salad, Steamed Broccoli	Cheese or Pepperoni Pizza Ham & Cheese Sandwich Minnie Mouse Salad with Breadstick Caesar Salad, White Bean Salad
10/8	10/9	10/10	10/11	10/12
NO SCHOOL	Pasta and Sauce with Garlic Roll and Shredded Cheese Bologna & Cheese Sandwich Asian Grilled Chicken Salad with Breadstick Spinach Salad with Honey Mustard, Steamed Carrots	Chicken Nachos with Cheese Sauce and Salsa Tuna on Goldfish Bread With Goldfish Cracker Asian Grilled Chicken Salad with Breadstick Black Bean Salad, Grape Tomatoes	Popcorn Chicken with Rice Pilaf <u>Fun on the Run</u> Cinnamon Sugar Pretzel, with Sunbutter and String Cheese Asian Grilled Chicken Salad with Breadstick Grape Tomatoes, Cucumber Coins, Cinnamon Scooby Snack	Cheese or Buffalo Chicken Pizza Tuna on Goldfish Bread With Goldfish Cracker Asian Grilled Chicken Salad with Breadstick Grape Tomatoes, Cucumber Coins
10/15	10/16	10/17	10/18	10/19
Hot Dog Crispy Chicken Wrap Grilled Chicken Caesar Salad with Parmesan Breadstick Sweet Potato Fries, Side Salad	Grilled Cheese and Bacon Sandwich Crispy Chicken Wrap Grilled Chicken Caesar Salad with Parmesan Breadstick Side Salad, Emoji Fries	Chicken Nuggets with Pasta Salad Italian on Torpedo Grilled Chicken Caesar Salad with Parmesan Breadstick Side Salad, Roasted Zucchini	Roasted Chicken and Biscuit Italian on Torpedo Grilled Chicken Caesar Salad with Parmesan Breadstick Baked Beans, Baby Carrots	NO SCHOOL
10/22	10/23	10/24	10/25	10/26
Cheeseburger on a Roll Turkey BLT Sandwich Crispy Chicken Salad with Pretzel Bites Three Bean Mozz. Salad, Steamed Green Beans	Chicken Pasta Alfredo with Dinner Roll Chicken Caesar Wrap Crispy Chicken Salad with Pretzel Bites Three Bean Mozz. Salad, Steamed Broccoli	BBQ Pulled Pork Sandwich Turkey BLT Sandwich Crispy Chicken Salad with Pretzel Bites Oven Fries, Green Pepper Strips, Pretzels	Chicken Taco with Rice and Beans Chicken Caesar Wrap Crispy Chicken Salad with Pretzel Bites Green Pepper Strips, Salsa	Cheese or BBQ Chicken Pizza Turkey BLT Sandwich Crispy Chicken Salad with Pretzel Bites Green Pepper Strips, Grape Tomatoes
10/29	10/30	10/31	11/1	11/2
Grilled Chicken, Cilantro Lime Rice and Shredded Cheese Turkey & Cheese Sandwich Turkey BLT Salad with Breadstick Tex Mex Garbanzo Beans, Steamed Corn	Beef Tortilla Soup Grilled Chicken with Lettuce and Tomato Turkey BLT Salad with Breadstick Baby Carrots, Celery Sticks, Cheddar Goldfish	French Toast with Syrup and Sausage Turkey & Cheese Sandwich Turkey BLT Salad with Breadstick Baby Carrots, Home Fries	Turkey and Gravy over Biscuit Grilled Chicken with Lettuce and Tomato Turkey BLT Salad with Breadstick Baby Carrots, Mashed Potatoes	Cheese or Hawaiian Pizza Turkey & Cheese Sandwich Turkey BLT Salad with Breadstick Fresh Broccoli, Steamed BBQ Cauliflower
1% AND FAT FREE FLAVORED MILK OFFERED DAILY SUN BUTTER & JELLY AND CHEESE SANDWICH SERVED AS A ALTERNATIVE OFFERED DAILY CHILLED AND FRESH FRUIT OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		Menu items are subject to change		