

**HOLYOKE PUBLIC SCHOOLS
MATER DOLOROSA LUNCH MENU**



Monday	Tuesday	Wednesday	Thursday	Friday
8/31	9/1	9/2	9/3	9/4
<p>1.Mozzarella Breadsticks, Steamed Carrots, Fresh Apple, Milk</p> <p>2.Sandwich Bento Box, Baby Carrots, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Apple, Milk</p>	<p>1.Cheeseburger, Steamed Peas, Chilled Fruit, Milk</p> <p>2.Ham Sub Box, Chilled Peas, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Chilled Fruit, Milk</p>	<p>1.Chicken Patty Sandwich, Black Beans, Fresh Banana, Milk</p> <p>2.Turkey Sub Box, Black Beans, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Black Beans, Fresh Banana, Milk</p>	<p>1.Popcorn Chicken, Steamed Broccoli, Chilled Fruit, Milk</p> <p>2.Protein Power-Up Box, Fresh Broccoli, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Chilled Fruit, Milk</p>	<p>1.Cheese Pizza, Celery Sticks, Fresh Orange, Milk</p> <p>2.Greek Salad, Celery Sticks, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Orange, Milk</p>
9/7	9/8	9/9	9/10	9/11
<p>LABOR DAY</p> <p>NO SCHOOL</p>	<p>1. Cheese Pizza, Steamed Carrots, Chilled Fruit, Milk</p> <p>2.Ham Sub Box, Baby Carrots, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Chilled Fruit, Milk</p>	<p>1.Popcorn Chicken, Steamed Peas, Fresh Banana, Milk</p> <p>2.Sandwich Bento Box, Chilled Peas, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Fresh Banana, Milk</p>	<p>1.Chicken Patty Sandwich, Roasted Italian Chickpeas, Chilled Fruit, Milk</p> <p>2.Yo-To-Go Box, Roasted Italian Chickpeas, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Roasted Italian Chickpeas, Chilled Fruit, Milk</p>	<p>1.Chicken and Waffle Stack, Tater Tots, Celery Sticks, Fresh Orange, Milk</p> <p>2.Turkey Sub Box, Celery Sticks, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Orange, Milk</p>
9/14	9/15	9/16	9/17	9/18
<p>1.Chicken Patty Sandwich, Steamed Carrots, Fresh Apple, Milk</p> <p>2.Ham Sub Box, Baby Carrots, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Apple, Milk</p>	<p>1.Chicken Nuggets, Mixed Vegetables, Chilled Fruit, Milk</p> <p>2.Protein Power-Up Box, Cucumber Coins, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Cucumber Coins, Chilled Fruit, Milk</p>	<p>1.Teriyaki Rice Bowl, Steamed Broccoli, Fresh Banana, Milk</p> <p>2.Ham Sub Box, Fresh Broccoli, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Banana, Milk</p>	<p>1.Hamburger, Steamed Corn, Chilled Fruit, Milk</p> <p>2.Chef Salad, Chilled Corn, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Corn, Chilled Fruit, Milk</p>	<p>1.Cheese Pizza, Roasted Italian Chickpeas, Fresh Orange, Milk</p> <p>2.Turkey Sub Box, Roasted Italian Chickpeas, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Roasted Italian Chickpeas, Fresh Orange, Milk</p>
9/21	9/22	9/23	9/24	9/25
<p>1.Breakfast for Lunch (Waffles and Sausage), Tater Tots, Celery Sticks, Fresh Apple, Milk</p> <p>2.Yo-To-Go Box, Celery Sticks, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Apple, Milk</p>	<p>1.Cheese Pizza, Steamed Carrots, Chilled Fruit, Milk</p> <p>2.Turkey Sub Box, Baby Carrots, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Chilled Fruit, Milk</p>	<p>1.Beef Nachos, Black Beans, Fresh Banana, Milk</p> <p>2.Italian Sub Box, Black Beans, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Black Beans, Fresh Banana, Milk</p>	<p>1.Chicken and Cheese Burrito, Steamed Corn, Chilled Fruit, Milk</p> <p>2.Ham Sub Box, Chilled Corn, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Corn, Chilled Fruit, Milk</p>	<p>1.Macaroni and Cheese, Steamed Broccoli, Fresh Orange, Milk</p> <p>2.Turkey Sub Box, Fresh Broccoli, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Orange, Milk</p>
9/28	9/29	9/30	10/1	10/2
<p>1.Rotini and Meatsauce, Steamed Broccoli, Fresh Apple, Milk</p> <p>2.Pizza Bento Box, Fresh Broccoli, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Apple, Milk</p>	<p>1.Cheese Pizza, Roasted Italian Chickpeas, Chilled Fruit, Milk</p> <p>2.Yo-To-Go Box, Roasted Italian Chickpeas, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Roasted Italian Chickpeas, Chilled Fruit, Milk</p>	<p>1.Chicken Nuggets, Steamed Carrots, Fresh Banana, Milk</p> <p>2.Chicken Caesar Salad, Baby Carrots, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Banana, Milk</p>	<p>1.Cheeseburger, Roasted Zucchini, Chilled Fruit, Milk</p> <p>2.Turkey Sub Box, Zucchini Coins, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Zucchini Coins, Chilled Fruit, Milk</p>	<p>1.Chicken Patty Sandwich, French Fries, Fresh Orange, Milk</p> <p>2.Sandwich Bento Box, Chilled Peas, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Fresh Orange, Milk</p>

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES

Menu items are subject to change