



**MATER DOLOROSA
ELEMENTARY BIC
MAY 2023**



Monday	Tuesday	Wednesday	Thursday	Friday
05/01	05/02	05/03	05/04	05/05
Whole Grain Apple Muffin	Banana Bread	Chocolate Chip French Toast	Tropical Breakfast Bar	Yogurt Cup
String Cheese	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	String Cheese	Cinnamon Goldfish Cracker
Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
05/08	05/09	05/10	05/11	05/12
Whole Grain Blueberry Muffin	Whole Grain Apple Frudel	Mini Strawberry Bagels	Whole Grain Cinnamon Roll	Whole Wheat Bagel Served with Jelly Cup
Cinnamon Goldfish Cracker	String Cheese	Cinnamon Goldfish Cracker	String Cheese	Cinnamon Goldfish Cracker
Craisins 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
05/15	05/16	05/17	05/18	05/19
Cinnamon Stuffed Bagel	Blueberry Bash Mini Waffles	Whole Grain Chocolate Chip Muffin	Sausage, Egg, and Cheese on Whole Grain Biscuit	Oatmeal Raisin Breakfast Bar
Cinnamon Goldfish Cracker	String Cheese	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	String Cheese
Watermelon Craisins 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
05/22	05/23	05/24	05/25	05/26
Cinnamon Toaster Pastry	Whole Grain Cherry Frudel	Cinnamon French Toast	Whole Grain Apple Muffin	Yogurt Cup
String Cheese	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	String Cheese	Cinnamon Goldfish Cracker
Raisins 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
05/29	05/30	05/31	06/01	06/02
NO SCHOOL	Strawberry Toaster Pastry	Maple Mini Waffles	Sausage, Egg, and Cheese on Whole Grain English Muffin	Whole Grain Blueberry Muffin
	String Cheese	Cinnamon Goldfish Cracker	String Cheese	Cinnamon Goldfish Cracker
	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	